

# Pardee Bridges to Health

## Getting You Back On The Road To Better Health

### What is Pardee Bridges to Health?

Bridges to Health is a new program that can help you better manage your health problems. If you do not have health insurance and have used the Pardee emergency department at least several times in the last year, you may be eligible to participate and there is no cost to you.

Bridges to Health can help by providing you with:

- A case manager you can contact by cell phone when you have questions or problems
- A doctor, mental health specialist, and case manager you can see without an appointment
- Free medications, lab, and X-ray tests that may be needed to diagnose and treat your medical problems if you need, and if you qualify
- Skills and self-management strategies in an accepting, supportive environment

### How does Pardee Bridges to Health work?

A case manager will help determine if you qualify and take care of all the necessary application forms. Once you have been accepted into the program, there is no cost to you.

The care is provided in a group visit model twice a week (Tuesday and Fridays from noon until 1 p.m.). You do not need an appointment to come to a visit once you're enrolled.

You will receive a voucher up to \$5.00 for a meal at the end of every group session you attend. You can also receive a free round trip bus voucher if you need to use public transportation to get to the group visit.

### Can I still participate in the program if I already have a primary care provider?

Yes. We will work with your primary care provider to coordinate your care. If you don't have a primary care home, we will help you find one.

### Can I withdraw from the program if I find I don't like it?

Yes. Although the program is presently funded for one year and we would encourage patients to participate with regular visits, there is no obligation to come to any visits, and you may withdraw at anytime.

### Where and when are the visits?

Tuesdays & Fridays, 12:00 p.m. - 1:00 p.m.  
Free Clinics of Henderson County,  
841 Case Street  
Hendersonville, N.C.



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Bridges to Health is a new program sponsored by Pardee Hospital and Access II Care of Western North Carolina, in cooperation with MAHEC and The Free Clinics.



Access II Care of  
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