



**Are you  
ready to  
give up  
tobacco  
for good?**

**American Lung Association**

## **Freedom from Smoking Program**

- **Free seven-week course by trained facilitator**
- **Quit support includes: medications, quit kits, group support**
- **Small group setting; fun, interactive learning environment**
- **Raffle prize for successful participation**

**Tuesday 9 August—Tuesday 20 September,  
6-7:30pm**

*To be eligible, participants must be low-income and have no insurance.  
Participants with Medicaid or Medicare will be permitted.*

**To sign-up or for more information, contact**

**The Free Clinics**

**841 Case Street, Hendersonville**

**697.8422**

**[www.thefreeclinics.org](http://www.thefreeclinics.org)**

**The  
Free  
Clinics™**

