Caring for Our Neighbors in Need



2014-2015 Annual Report

2014-15 marked another year of profound change in healthcare on both national and local levels ...

Even though the Affordable Care Act does not make a difference for most of our patients-because the least fortunate simply make too little to quality for assistance under ACA-TFC continues to experience dramatic changes as reforms in healthcare locally, regionally, and nationally impact the system and our partners.

In September, Pardee Hospital closed the Flat Rock Family Center, ending a five-year partnership and significantly reducing TFC's rental income. The healthcare system in Polk County became increasingly fragile as the fall of 2014 progressed, with the closure of one of our safety net partners and the reduction in care from full-to part-time for another, dramatically changing the healthcare landscape in that community and increasing demand for TFC's care. We know that these changes are just the beginning, that over the coming years healthcare will continue to change rapidly and spectacularly.

Nationally, our understanding about what affects our health is evolving. We are talking about health more broadly, coming to understand that health starts—long before illness—in our homes, schools, and jobs. Scientists have found that the conditions in which we live and work have an enormous impact on our health, long before we ever see a doctor. In fact, they determine up to 80% of our health.

We are also coming to understand that becoming healthy takes three things. The first is ensuring that everyone can afford to see a doctor when they are sick. The second is making preventative care (like screening for cancer and heart disease) available to people who otherwise cannot get these critical screenings. The third is changing our thinking, from health as something we get at the doctor's office to health as something that starts in our families, in our schools and workplaces, in our playgrounds and parks, and in the air we breathe and the water we drink. The more you see health in this way, the more opportunities you have to improve it.

TFC is actualizing these three criteria for health. For almost 14 years, thanks to your



support, our 271 amazing volunteers, and our 143 tremendous healthcare partners, TFC has worked to address the first criterion for health-ensuring that everyone can see a doctor when they are sick. Over the past several years, we have expanded our emphasis on the second criterion-offering more and more wellness screenings. In the coming months, we will continue to expand how we think about healthhow to keep it, not just how to get it back.

At TFC, we know that many of our patients don't have the same opportunities to be as healthy as others. This summer, we launched our newest venture, our Patient Health Advocacy program. We are focusing on three dimensions (food, housing, and transportation) that are the three biggest barriers to our patients' health. We also recognize that there are many other social factors that play a role in how healthy a person can be such as educational and job opportunities, public safety, and physical hazards.

Together, we care for our neighbors in need. Together, we create communities that are healthy places to live, work, learn and play, for our neighbors in need and for ourselves. At TFC. we are humbled and blessed by the response of our community of donors and volunteers. We were able to respond again to the increased need thanks to you! Thank you for being a part of our story.

Looking to the coming years of change, we will continue to evolve to meet the changing needs. We look forward to writing our ongoing story together– with you, our community of volunteers and donors. Thank you!

> Judith Long, Executive Director and Jodi Scott, Board President

2014-15 Board of Directors

Jodi Scott, President Tom Dickey, Vice President Marcus Jones, Secretary Kelly Johnson, Treasurer Harry Steiner, MD, Past President **Connie Babcock** Kathy Baluha, FNP David Crist, RN Joe Crowder Sandy Donecho Annie Fritschner, ACFRE Bryan Hodge, DO Adrian Kerley Greg Knight George Knudsen **Corinne Maier** Linda Showalter, LCSW Kenesha Smith, PharmD

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Judith Long, Executive Director Ryan Cannon, Assistant Director Jolie Singletary, Community Relations Director Jacquie Rose, RN, Clinical Services Director Linda Drake, RN, Community Case Manager Julie Hani, RN, BSN, CDE, Diabetes Case Manager Susan Logan, RNC, Psychiatric Case Manager Lori Collins, RN, Bridges to Health Case Manager Julie Sabin, RN, Bridges to Health Case Manager Linda Bolanos, Clinical Assistant Melissa Bailey, Patient Health Advocate Kenesha Smith, PharmD, Pharmacy Manager Pat Sells, RN, Pharmacy Coordinator Reeda Ward, CPhT, Pharmacy Technician Jim Faegin, RPh, Pharmacist Pat Sandahl, Medi-Find Coordinator Phyllis Jackson, Eligibility Specialist Mary Patrick, Administrative Assistant



The Free Clinics is accredited by The NC Association of Free Clinics and deemed under The Federal Tort Claims Act by the Health Resources and Services Administration, Bureau of Primary Care The Free Clinics (TFC) cares for our neighbors in need by providing free care to low-income, uninsured residents of Henderson and Polk Counties. We work collaboratively with the local community health centers, health departments, social service agencies, and hospitals to augment the healthcare system and provide vital services that are not duplicated. We are a community of 271 dedicated volunteers working

together to make our community a healthier place to live, work, learn, and play, for our neighbors in need and for ourselves. Through TFC, our community comes together, helping our most vulnerable neighbor's address their health concerns-with everything from access to a doctor's visit to medications to lack of healthy food or transportation challenges. Helping our neighbors in need helps us all.

Programs & Activities July 1, 2014–June 30, 2015

From July 2014–June 2015, we provided a total of 15,657 patient encounters for 1,667 unduplicated patients:

Acute Care

- 301 Dental Clinic
- 267 Medical Clinic

Chronic and Specialty Care

- 2,802 Bridges to Health
- 1,386 Community Case Management
 - 233 Diabetes Program
 - 74 Endocrine Clinic
 - 113 Eye Clinic
 - 75 Other Clinical Services
 - 3 PMR Clinic
 - 9 Women's Wellness Clinic

Mental Health Care

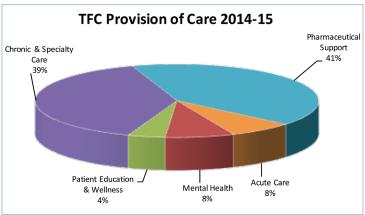
- 90 Counseling
- 399 Psychiatric Care Navigation
- 170 Psychiatric Clinic

Pharmaceutical Support

- 4,430 Community Pharmacy
- 2,735 Medi-Find Prescription Assistance Program
 - 4 Medication Therapy Management

Patient Education and Wellness

- 1,981 Care Coordination
 - 43 Diabetes Education
 - 252 Flu Shot Clinics
 - 82 Smoking Cessation
 - 227 Wellness Screening
- This is a 25% increase in encounters over the prior year and a 398% increase since 2008.
- We also arranged 95 surgical procedures through coordination of services and made 193 referrals to specialists who generously provided free services. We also filled 13,746 prescriptions at the pharmacy and 3,245 prescriptions through Medi-Find Prescription Assistance Program.
- The value of the professional services given was \$8,363,837. With an annual budget of approximately \$980,000, TFC multiplied every dollar received more than eight and a half times with the value of care we provide to patients.





fax 828.697.8453

TFC helps more people live healthier lives

When Michael Campbell arrived at TFC in October 2014, he could barely walk. "I thought for sure I was done," he explains.

A 51-year-old divorced father of two, Michael never expected to need TFC. He started working in high school and always had a good job. He had a solid work history, having only three jobs in 31 years. He was such an impressive employee, that his future employer paid the cost of his relocation to Hendersonville in 2003. He remained with that company, as a press operator, until October 2013. Due to changes in technology, the company began down-sizing, dropping from 16 employees to two; Michael was the last to be laid off. A determined spirit, Michael found temporary work at General Electric within a few weeks.

Then his health concerns began. He explains that one day "my legs just wouldn't move. So I went to work with a cane, but they said 'no.'" The job required that Michael be physically able to stand and move around. Yet, he had so impressed his supervisors that they asked him to return when he could get a note from his doctor clearing him to work.

In December 2013, Michael went to the emergency room because he was becoming increasingly immobile. He couldn't walk; he couldn't stretch his legs; he couldn't stand or sit; he couldn't sleep. Unfortunately, no answers were forthcoming. Because Michael was now uninsured and without a steady income, the medical team tested Michael for tumors and other life-threatening conditions, but finding none, they did not refer him for follow-up care or further diagnostics. "It was like they said 'we don't know what's wrong; here's some pain medication," Michael explained.

With no help in sight, Michael found a temporary job that allowed him to sit. But as his condition worsened, even that became too much. He received his last paycheck in April 2014. Then he started selling his belongings to survive. His claim for unemployment benefits was not settled for seven months, until November 2014, and he had to move in with his aunt in Pennsylvania for several months, just to have a roof over his head.

Michael returned to North Carolina in October 2014 for his unemployment hearing. It was then, in complete desperation, that he came to TFC's Medical Clinic. He explains that he was at the end of his rope, in severe



pain, only able to walk with the assistance of two crutches, and then not more than a few yards at a time. Here was a relatively young man who feared his life was all but over.

At TFC, we linked him with our innovative Bridges to Health program, where he attends a drop-in group medical visit for ongoing care and receives support from the Bridges case manager. We referred Michael for orthopedic consultation and to vocational rehabilitation to fund his rehabilitation and recovery.

Michael's diagnosis was *avascular necrosis with collapse*—or death of his bones and collapse of his hips. In June 2015, Michael had both hips replaced and only recently completed his physical therapy. Due to his diagnosis, Michael is unable to resume his prior physically demanding work. However, he is able to work part-time.

Michael approached his care team

in August about "giving back" to TFC as part of his healing process. He had been a professional painter. and he offered to paint TFC's interior-both as a way of continuing his own healing and rehabilitation process and as a way of expressing his appreciation.

A year ago, Michael walked into TFC in desperation, afraid his life was essentially over. A year later, thanks to our many partners in the safety net healthcare system, Michael not only has reason to live, but to smile and laugh and hope.

Our Healthcare Partners

Healthcare in Henderson and Polk County is a collaborative effort. Over the past 14 years, TFC has built a strong, dynamic network of 143 healthcare partnerships in the local community to enable services for our patients. Our partners include 7 hospitals, 18 primary care practices, 72 specialty practices, 16 mental health providers, 6 medication assistance providers (in addition to TFC's two pharmacy programs), 7 providers of ancillary medical supplies (including equipment and supplies), 6 dental practices, and 11 networks of care and additional supportive services. Thanks to our amazing partners, TFC helps to ensure access to the full-range of care for our neighbors who need a hand–193 referrals to specialists and 95 surgical procedures last year alone. In November 2014, The Duke Endowment recognized and validated TFC's role as the facilitator of network care for Henderson and Polk Counties.

4 Primary Hospital Partners Value of Care Provided 2014-15: \$610,104 Mission Health System Pardee Hospital Park Ridge Health St. Luke's Hospital

137 Medical and Specialty Referral Partners Value of Care Provided 2014-15: \$458,872

21st Century Oncology ABC Podiatry Allergy Partners of WNC Appalachian Orthopedics Asheville Cardiology Associates Asheville Eye Associates Asheville Gastroenterology-Hepatology Kimberly Beavers, MD Dale Benedetti, LPC **Biggerts Hearing Instruments** Claire Black, DDS Blue Ridge Bone and Joint-Hendersonville and Asheville Offices **Blue Ridge Community Health Services Blue Ridge Medical Associates** Blue Ridge Plastic Surgery **Broughton Hospital** Carolina Anesthesia Group Carolina Hand and Sports Medicine Carolina Lung and Sleep Physicians Carolina Mountain Dermatology Carolina Mountain Gastroenterology Carolina Neurology Center Carolina Ophthalmology Carolina Smiles Family Dental **Collins Dental Center** Community Care of WNC Council on Aging Davita Dialysis **Dermatology Medical Associates Duke University Hospital Economy Drugs** David Ellis, MD Family Preservation Services Flat Rock Vision

Foothills Health Network Foothills Medical Associates Four Seasons Compassion for Life John Godehn, MD Ianet Hall, LCSW The Healing Place Henderson County Department of Public Health Henderson County Department of Social Services Henderson County Detention Center Henderson County Mental Health Faith Collaborative Hendersonville Ear, Nose & Throat Hendersonville Family Health Center Hendersonville Hematology & Oncology at Pardee Hendersonville Lions Club Hendersonville Orthopedic at Pardee Hendersonville Radiological Consultants Hendersonville Rescue Mission: Good Samaritan Clinic Hendersonville Sports Medicine and Rehabilitation Hendersonville Surgical Associates HopeRx Hope Women's Cancer Center Ty Hornsby, DDS Interfaith Assistance Ministries Laborde Eye Group-Macular Center Lamond Family Medicine Laurel Park Chiropractic Lincare Home Medical Systems Looking Glass Eye Center Pamela Lowe-Hoyt, MD MAHEC Women's Center Mainstay Mountain Counseling Mountain Diabetes and Endocrine Center Mountain Faith Initiative Mountain Kidney & Hypertension Associates-Hendersonville Mountain View Urology NAMI Four Seasons NC Cooperative Extension NC Division of Services for the Blind Neurological Associates-Rutherfordton Pardee Center for Women's Health Pardee Family Medicine Associates-Bat Cave, Etowah, Hendersonville Pardee Flat Rock Family Health Center

Pardee Eletcher Medical Associates Pardee Mills River Family Medicine Pardee Neurological Associates Pardee Pain Center Pardee Rehabilitation & Wellness Center Pardee Surgical Associates Pardee Urological Associates Pardee Wound Care Center Park Ridge Anesthesiology Services Park Ridge Cardiology Park Ridge Ear, Nose & Throat Park Ridge Health at Laurel Park Park Ridge Health Endocrinology Park Ridge Health General Surgery Park Ridge Health Neurology Park Ridge Health Obstetrics & Gynecology Park Ridge Health Wellness on Wheels (WOW) Park Ridge Health Wound Care Park Ridge Hearing and Balance Park Ridge Medical Associates Park Ridge Medical Associates: Division of Surgery Park Ridge Oncology and Infusion Park Ridge Psychiatry Park Ridge Pulmonology and Sleep Medicine Park Ridge Urology Parkway Behavioral Health Pathologist Medical Laboratory PATHS at Pardee **Piedmont Rheumatology** Pisgah Physical Therapy & Sports Rehabilitation Polk County Department of Social Services Polk Wellness Center **Recovery Venture RHA Health Services** Rockcliff Oral Surgery Rosenberg Bone & Joint Clayton Sanders, DDS Salvation Army Shelton Pharmacy Skyland Prosthetics & Orthopedics Smoky Mountain Center Southeastern Sports Medicine Springs Healthcare Center St. James Medical Loan Closet St. Luke's Surgical Associates TASK Treatment Accountability Thrive VMAC Anesthesia Associates at St. Luke's Vocational Rehabilitation-Hendersonville Wake Forest University Baptist Medical Walgreen's Pharmacy-Hendersonville Walmart Pharmacy-Hendersonville Wingate University WNC AIDS Project WNC Community Health Services WNC Dermatological Associates WNC Family Medical Center WNC Rheumatology WNC Surgical Associates

These volunteers ARE The Free Clinics!!!

During 2014-15, 271 volunteers donated over 10,000 hours of service and enabled every patient encounter at TFC. We celebrate with profound gratitude the incredible generosity of these dedicated volunteers.

Betsy Alexander Rosalie Anderson Paulette Armandi Connie Babcock Cristian Badillo Olguin Catherine Baker Kathy Baluha Bridget Barron Warren Benson Frederick Berlinger Joyce Biddix **Ricardo Bierrenbach** Chrisie Bishop **Cindy Black** Laura Bochner Elizabeth Boddie Dallas Boone **Richard Bowling** Katie Breckheimer Tracy Bridges Susan Brooks Gerald Bryans Sharon Burlingame **Rick Burt** Jonathan Butler Janet Cameron Tom Cameron Cynthis Camilleri Gib Campbell Jamison Cannon Tracy Cannon Wanda Cannon Genien Carlson Bette Carter Gale Carter Kim Cathers David Chapman Lavon Childers Tonya Cochran August Coggins Hannah Coker Yonique Coley Carloyn Collins Lori Collins Geri Conley Janet Corn **Michelle** Cornett Olivia Cornett Jim Costello **Elizabeth Courtney** Steve Crane

John Crawford III David Crist **Ruth Cristos** Kathy Crosby Larry Crume Peake Dana Patricia Daveluy Robert Davidson Daniel Davis Michelle DeGeeter Hayley DeWalder Elizabeth Dickey Tom Dickey Susan Dockery Salley Dowsett Alexander Edmonds Jeffrey Ellerhorst Lydia Ellerhorst Lisa Elliot **Becky Elston Beth Engel** Sherry Evans Tom Fanslow Lynley Farmer Madeline Farrell Brenda Fisher **Toshia Foster** Harry Fozzard Mark Fransioli Sherry Fransioli Annie Fritschner Susan Fritts Marie Galaz Genell Gamblin Laura Gardner Patrick Garrison William Garrison Melissa Gelineau Fran German Suzanne Gibbs Adrienne Giddens Albert Gooch John Goolsby Robbie Goolsby Gerri Gordon Edward Gosfield Susan Graham Robert Griffin Laresa Griffin **Bethany Hair** Edward Hair



Matthew Hair **Charles Hall** Erwin Hani Elizabeth Harding Charles Harpe Claudia Harpe Jennifer Harrison Peggy Hausladen Barbara Hawksley lames Heinz Robert Hendrickson Chico Hernandez Benjamin Hernandez Denisse Hernandez Bryan Hodge Kathy Holloway Gayle Hoverson Tom Hummert Robert Indelicato **Ralph Jackson** Jack Jacques Kelly Johnson Lori Johnson Paulette Johnson Rob Johnson Kendall Jones **Geoff Jones** Lilith Jones Marcus Jones Abigail Karroubi Adrian Kerley Jim Kessaris Elizabeth Killman

Ann Kirby Denise Knabb Alison Knaperek Greg Knight James Knighton George Knudsen Jeff Kowalak Jeannie Kuhlman Cody LaBelle Gretchen Lasitter Tona Lawter Janie Lindsev Larysa Lobach William Logan Ramona Lombardo Roberta Lott Sarah Lowney Bryson Lyda Jayanti Magar Sushant Magar Betty Lou Magruder Gene Magruder Liz Maiche Corinne Maier Jose Maldonado Ceil Mattingly Sharon McCracken Sharon McGreevy Jerry McKee Jimmy McKee Sherry McKisson Tracey McMahan Lisa McMurray Lindsy Meadowcraft Jeannie Medlin Kristen Medlock Margaret Mellott Chris Messino Charlene Mills April Monnich **Bill Moore** Nancy Morgan Andrew Morris Taylor Morrisette Sharon Morton Geoffrey Mospan **Diane Nicholson** Lucille Nordlund Mark Nordlund David Norwood ludith Nourse **Dianne Osterhoff** Jan Partin Patricia Paton loe Patrick Leta Patterson Nancy Paul Nancy Pay **Kristin Payne** Lorraine Perkins Joe Poole **Cheryl Preston** Linda Prichard Olgierd Pucilowski Hannah Randall Melissa Rayfield Robin Reed Bess Reinhardt Jorge Riano Jan Richards Pete Richards Gina Rikard Ken Ring Rebecka Robinson Don Rochester John Rocks Doug Ryan Jane Ryan **Bill Sabin** Julie Sabin Jasmin Salas **Diane Salkewicz** Adrian Santos Alvarez Terry Sardinia

William Medina

Cheryl Savitt Greg Savold **Cindy Schirmer** Carol Schobert Arthur Schoenlaub Patricia Schumacher Dave Scott Jodi Scott Marcie Scott Kristen Marie Seifried **Douglas Sells** Pat Sells Cylin Sheafer Carol Sheehan Linda Sherman Stuart Shields Harold Showalter Linda Showalter Geri Skrob Connie Smith Kenesha Smith Maggie Snoke Barbara St. John Tom St. John Harry Steiner **Cassidy Stevens** Rebecca Stissel-Moon John Strickland Sue Swackhamer Cynthia Swanner John Taggart Mark Taylor Shawn Taylor Evans Thibodeau Sarah Thibodeau Colin Thomas Penny Thompson **Brittany Vickery** Katherine Volatile Zvi Weinman Stephen Weinrib Michelle Wessolleck Monica White Barbara Wilde Jill Williams Juanita Williams Gerry Williamson Bryant Willis **Florence Younkin** Thelma Zachman

The Russell Sacco Legacy Society

Ensuring the future of healthcare for our neighbors in need

Free healthcare for our community's low-income, uninsured residents is the legacy of Dr. Russell Sacco.

In 1999, local internist Dr. Russell Sacco had a vision: a free clinic for our community. "He believed that healthcare should be available to all members of our community, regardless of their ability to pay–and not just in the hospital emergency room," said Dr. Colin Thomas. It was through Dr. Sacco's persistence and determination that The Free Clinics was founded.

To honor his legacy, TFC created the Russell Sacco Legacy Society in april 2006 to help assure the sustainability of The Free Clinics. Members have either designated TFC as a beneficiary of a "legacy gift" and/or have tendered an "impact gift" of such significance as to facilitate critical program implementation. Legacy giving involves a current outright gift or a deferred gift. A deferred gift is postponed until sometime later in your life or it can be made at the time of your death. Deferred gifts include Testamentary and Life Income Gifts. Testamentary gifts can take many forms-bequests in a will or naming the organization as the beneficiary of an insurance policy, IRA, trust or annuity.

For more information, contact Judith Long at The Free Clinics, 828.697.8422.



Dr. Sacco at the Volunteer Appreciation Dinner in October 2005

Current members of The Russell Sacco Legacy Society:

Ken and Lynn Adams Joan and Buck Blessing Tom and Jane Davis Ed and Tanya Emrich Harold Engelman Annie Fritschner Dick and Win Hunt Ruth Knight George and Mihoko Knudsen Sharon and Marc Koffman Eleanora Meloun Gerald and Wanda Nicholson Russell and Pamela Sacco William and Joanne Savage **Bernice Schwartz** Dave and Jodi Scott Stephanie Hanel-Seitz and Gary Seitz Bernardine Thomas Colin and Janet Thomas



The Free Clinics Financial Statements

Henderson County Free Medical Clinic, Inc. dba The Free Clinics Fiscal Year July 1, 2014–June 30, 2015

TFC Income 2014-15

Operating Revenue

Grant Revenue\$	838,993
Contributions	231,207
Other Income	47,711
In-Kind Contributions	3,703,832
Total Revenue\$4	4,821,744

Operating Expenses

Management and General	\$ 112,182
Fundraising	104,600
Program Services	4,561,768
Total Expenses	\$4,778,550

Excess Revenue Over Expenses....... \$ 43,194

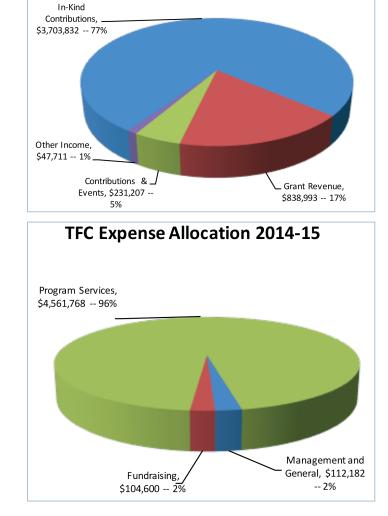


The Free Clinics (TFC) enhances the healthcare system in Henderson County and neighboring communities to ensure the accessibility of quality healthcare for uninsured, low-income clients. TFC works with volunteers and partnering healthcare providers to provide healthcare, prevention, education, medication access, and case management services, including specialty referrals.

Our Vision

A community that ensures people can access timely and high quality healthcare.





Note: The figures that appear in this financial summary are derived from consolidated financial statements contained in an unqualified audit by Corliss and Solomon, PLLC. Our complete financial report is available upon request; please call Ryan Cannon at (828) 697-8422.

Thank You, Donors! Gifts made July 1, 2014-June 30, 2015

Financial Donors

Individuals Anonymous Donors Judith Abrell Frances Ackley J. & D. Adams **Betsy Alexander** Tim & Sandra Almy Conrad & Doris Altmann Terry & Jane Andersen Steve & Denise Anderson **Bonnie Arbuckle** Barry & Laura Arch **Richard & Sara Arell** Sharon Asburv Leonard Aubrey Christine Audette & Johannes Leenhouts Connie & Stephen Babcock Maurine Bagwell Morris & Diana Bagwell Ronald & Eli Laila Bajakian Catherine & Sidney Baker David & Marianne Baker William Baker Kathleen & Jerry Baluha Rex & Rebecca Banadyga Mary Louise Barber & James Morse **Robert Barnes** James & Linda Barnette Jane Barr Trinity Ann Bauer Penny & Thomas Baugh Lois Baumann Michael & Barbara Beckerman Gregg & Kay Belknap John & Ginny Bell John & Pat Bentz Allan Berg **Chip Berning** Robert & Patricia Blackwell Gene & Joyce Blakely Joan & Buck Blessing Dick & Betty Bobb Linda Bolanos-Sanchez Linda & James Bolonda George & Barbara Bond Werner & Kay Bonitz Pierre & Nancy Bouvet Richard & Naomi Bowling Edward & Carolyn Brann Gary & Judy Breissinger

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Faith Communities

Episcopal Church of St. John In The Wilderness Etowah United Methodist Church

First Congregational Church First United Methodist

Church

First United Methodist Church–Alma Lee Cheves Class

Grace Lutheran Church Immaculate Conception Church: Catholic Women's Guild

Providence Baptist Church of Hendersonville –Julie Merritt Lee

Thursday Thrift Shop at St. James Church Trinity Presbyterian Church Unitarian Universalist Fellowship Women of the ELCA at Grace Lutheran Church

Businesses

A. M. Painting Barry Cosgrove Landscaping **Beverly-Hanks & Associates Big Lots Cheryl Smith Associates Economy Drugs** Edward Jones - Ken Adams Edward Jones - Adrian Kerley Elkamet Fireside Restaurant & Pancake Inn First Citizens Bank Hendersonville Radiological Consultants Ken Gaylord Architects Blackhawk Construction Laborde Eye Group Lagniappe Associates Marketing & Media Resources Merrell Paint & Decorating Merrill Lynch Bank America Morrow Insurance Agency Pardee UNC Health Care Park Ridge Hospital Shelley's Jewelry Strategic Work Systems Stroud Insurance Agency TD Bank Walmed WNC Family Medical Center

Foundations

Bank of America Matching Gifts Program

BCBS Foundation of NC through the NC Association of Free Clinics

Duke Endowment through Park Ridge Health

Foundation for a Healthy Carolina through Foundation for the Carolinas

General Electric Foundation Matching Gifts Program

H. M. Bitner Charitable Trust Janirve Legacy Fund of the Community Foundation of WNC

Thank You, Donors!

Gifts made July 1, 2014-June 30, 2015

NC Dental Endowment through NC Community Foundation

Pardee UNC Health Care Foundation

Perry N. Rudnick Fund of the Community Foundation of Henderson County Foundation

Pfizer Foundation Matching Gifts Program

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Caring for Our Neighbors in Need is more important than ever



Over 1.7 million North Carolinians remain without insurance, including 26,000 of our neighbors in Henderson & Polk Counties

All Americans should have

the opportunity to make the choices that allow them to live a long, healthy life, regardless of their income, education, or ethnic background. At TFC, our community of volunteers works together to make Henderson and Polk counties healthier places to live, work, learn, and play for our neighbors in need and for ourselves.

Scientists have found that the conditions in which we live and work have an enormous impact on our health, long before we ever see a doctor. In fact, they contribute to 80% of our overall health. At TFC, we ensure that our neighbors in need can see a doctor when they are sick, and we offer preventative care and health screenings to anyone in our community. We know that health starts where we live, so we are expanding the way we think about health-how to get healthy and how to stay healthy, not just how to get our neighbor back to work after she or he has gotten sick.

One in 5 residents in Henderson & Polk Counties qualifies for our services; that need has not changed, even after full implementation of the Affordable Care Act. Through The Free Clinics, our community comes together, helping our most vulnerable neighbors address their health concerns–with everything from access to a doctor's visit and medications to lack of healthy food or transportation challenges. Truly, helping our neighbors in need helps us all.

The Facts

14.4%

of the population in Henderson and Polk Counties lives in poverty

39%

of the adult population of Henderson and Polk Counties lives in households with less than \$34,000 in income, below 200% of federal poverty level

19.8%

of adults ages 18-64 in Henderson and Polk Counties have no health insurance

1 in 5

of our neighbors in Henderson or Polk County qualifies for The Free Clinics' care